



# Dr. Afrin Jahan Toma

## GENERAL PHYSICIAN

+8801985100770

afrinjahantoma70.com

Address - Flat-D/10, Building-2, Advanced Police Town  
Savar, Dhaka, Bangladesh.

### LICENSE

BMDC Reg No- 108097

### COMPETENCIES

- Good communication skills
- High ethical standards
- Healthcare administration
- Patient care
- Recording Patient Medical History

### EDUCATION

#### Bachelor of Medicine And Bachelor of Surgery ( MBBS).

- **Institute** : Army medical College, Bogura.
- **Year** : 2015-2019
- **Result** : CGPA 3.82 out of 4 with **Honors in Surgery**.

#### Higher Secondary School Certificate ( HSC).

- **Institute** : Savar Cantonment Public School & College.
- **Year** : 2014
- **Result** : GPA-5 out of 5

#### Secondary School Certificate (SSC).

- **Institute** : Savar Cantonment Public School & College.
- **Year** : 2012
- **Result** : GPA-5 out of 5

### WORK EXPERIENCES

#### ✓ **Indoor Medical Officer at Sheikh Fajilatunnessa Mujib Memorial KPJ Specialized Hospital | 2022- Current**

Take care of all patients in the hospital, including examining the patients and making diagnoses to determine the patient need of treatment, review patients' medical histories, consulting with the consultant and giving treatment accordingly.

#### ✓ **General Practitioner at Ibrahim Memorial Hospital | 2021-2022**

Treat patients with common health issues and refer them to the hospital if they need a specialist or urgent treatment.

#### ✓ **Intern at Combined Military Hospital Bogura | 2020- 2021**

- **Medicine** : 19 weeks of residential training.
- **Surgery** : 19 weeks of residential training.
- **Gynae & Obstetrics** : 14 weeks of residential training.

#### ✓ **Voluntary Work Experience**

**Organization** : Unique General Hospital

**Title** : General Physician

##### **Key Responsibility :**

Free checkups to provide basic medical care to those who cannot access healthcare services due to financial constraints, with a special focus on female patients. Also includes creating awareness about hygiene, health, and child issues through awareness campaigns.

## Professional Courses and Skills

- **Certificate Course in Medical Ultrasound (CMU)**  
**Institution:** BITMIR
- **Certificate in Basic Orientation Course On Diabetes**  
**Institution:** KPJ
- **Procedures** - Skillful systematic approach in performing and teaching IV cannulation, Blood Drawing, ABG, LP, Urinary Catheterization, Pleural and Ascitic fluid Aspiration.

## Communication Skills

- Proficiency in both spoken and written English and Bangla.
- Proven and effective communication skills with patients, families, and other medical professionals.
- Leadership abilities to lead and manage practice staff in providing patients with quality care

## Extracurricular activities and Achievement

### 1. Sports

- Table Tennis - Champion & Runners Up.

### 2. Award

- Best Assignment Performer in Department of Anatomy

### 3. Active Participation in Fresher's reception

- Anchoring and Stage Performance (Dancing, Singing).

## Attended Training/Workshops

### 1. Residential Field Site Training (RFST)

December 18-24, 2016.

At Gabtoli Upazilla Health Complex, Bogura.

### 2. Workshop on Advanced Trauma Life Support

15 April 2018, CMH Bogura.

### 3. Basic Surgical Skills

March 10-27, 2022 in CMH Bogura.

4. Attended several workshops on (CT, MRI, XRAY, ECG, ABG) at AMCB, SZMC and CMH Bogura.

### 5. Basic Orientation Course on Diabetes

at Sheikh Fajilatunnessa Mujib Memorial KPJ Specialized Hospital.

### 6. Workshop on Guide towards Natural Birth

at Sheikh Fajilatunnessa Mujib Memorial KPJ Specialized Hospital.

## Personal Details

**Name** : Dr. Afrin Jahan Toma.

**Father's Name** : Md. Azahar Ali.

**Mother's Name** : Nargis Begum Jharna.

**Date of birth** : 24-08-1996

**Present Address** : Advanced Police Town, Savar, Dhaka.

**E-mail** : afrinjahantoma70@gmail.com

**Marital Status** : Married.

**Religion** : Islam.

**Nationality** : Bangladeshi.

**NID No** : 8223727747

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+8801832896705

## References

### **1. Dr. (Colonel) Quazi Salim Yazdi**

MBBS, FCPS (Dermatology)

Trained in Cosmetics & Laser Surgery (Thailand)

Professor and Head of Department

Skin & VD

Army Medical College and Combined Military

Hospital,

Bogura, Bangladesh.

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### **2. Dr. Hasna Jahan**

MBBS, MPH, DDV

Associate Professor and Head of Department

Community Medicine

Army Medical College, Bogura.

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### **3. Dr. (Lieutenant Colonel) Mahbubur Rahman**

MBBS, FCPS( Paediatrics), DCH

Commanding Officer, BNS HAJI MOHOSIN.

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### **4. Dr. Mohammad Faruk Iqbal**

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